

June 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p>1% Milk served daily Deming Senior Center 800 S Granite (575) 546-8823 MENU SUBJECT TO CHANGE</p>					
3		4		5		6		7	
<p>Baked Fish Wild Rice Capri Mixed Vegetables Biscuit & Margarine Low Fat Yogurt</p>		<p>Beefaroni Green Beans Tossed Salad Garlic Bread Applesauce</p>		<p>Green Chili Stew Pinto Beans Tossed Salad/Dressing Flour Tortilla Tapioca Pudding</p>		<p>Oven Fried Chicken Mashed Potatoes / Gravy Island Veggies Wheat Roll & Margarine Peaches</p>		<p>Salisbury Steak Mashed Potatoes & Gravy Peas & Carrots Whole Wheat Roll / Margarine Apricots</p>	
10		11		12		13		14	
<p>Cheeseburger Lettuce & Tomato Onions/Pickles Potato Salad Ice Cream</p>		<p>Roast Chicken Mashed Potatoes/ Gravy Green Beans Wheat Roll / Margarine Tropical Fruit</p>		<p>Baked Macaroni & Cheese Brussel Sprouts Whole Wheat Roll /Margarine Pears</p>		<p>Meatballs Steamed Rice Oriental Vegetables Wheat Roll & Margarine Apricots</p>		<p>Chicken Tetrazzini California Blend Crackers Apple Crisp</p>	
17		18		19		20		21	
<p>Frito Pie Pinto Beans Saltines Pineapple Chunks</p>		<p>Chicken Tenders Au gratin Potatoes Baby Carrots Whole Wheat Bread /Margarine Fruit Cocktail</p>		<p>Beef Tips / Noodles Sweet Peas Three Bean Salad Wheat Roll & Margarine Pears</p>		<p>Sloppy Joe Green Beans Tossed Salad Ice Cream</p>		<p>Chicken Cutlet Lima Beans Beets Wheat Roll & Margarine Mixed Fruit</p>	
24		25		26		27		28	
<p>Pork Stir Fry Oriental Vegetables White Rice Wheat Roll & Margarine Sliced Pineapple</p>		<p>Chili Dog Baked Potato Wedges Fiesta Mixed Vegetables Mandarin Oranges</p>		<p>Spaghetti & Sauce Broccoli w/Cheese Garlic Bread Peaches</p>		<p>GC Chicken Enchilada Lettuce & Tomato Pinto Beans Spanish Rice Gelatin/Apricots</p>		<p>1 Slice Sausage Pizza Spinach Salad Dressing Mixed Vegetables & Margarine Pineapple Chunks</p>	