

# OCTOBER



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
<b>BBQ Pork Chop</b> Scalloped Potatoes Brussel Sprouts Wheat Bread Applesauce		<b>Chili Dog</b> Baked Potato Wedges Mixed Vegetables Mandarin Oranges		<b>Beefaroni</b> Green Beans Tossed Salad Garlic Bread Apricots		<b>Meatloaf</b> Scalloped Potatoes Carrot/Raisin Salad Wheat Dinner Roll/Margarine Tapioca w/Strawberries		<b>Ham &amp; Cheese Sandwich</b> Lettuce & Tomato Mixed Vegetables/Margarine Pears	
8		9		10		11		12	
<b>Baked Macaroni &amp; Cheese</b> Brussel Sprouts Dinner Roll w/Margarine Chocolate Pudding		<b>Chicken &amp; Noodles</b> Peas Beets Biscuit & Margarine Brownie		<b>Burrito</b> Spanish Rice Salsa Corn Salad & Dressing Spiced Apple		<b>Hamburger Steak</b> Brown Gravy w/ Mushrooms Mashed Potatoes Green Beans with Onions Wheat Roll & Margarine Pineapple		<b>Baked Fish</b> Sweet Potatoes & Margarine Broccoli Salad Dinner Roll & Margarine Apricots	
15		16		18		19		20	
<b>Roast Chicken</b> Mashed Potatoes/Gravy Green Beans Wheat Roll Tropical Fruits		<b>Zesty Steak Chili</b> Cornbread Brussel Sprouts Peaches & Strawberries		<b>Spaghetti &amp; Sauce</b> Broccoli w/cheese Garlic Bread Peaches		<b>Chicken Enchilada</b> Lettuce & Tomato Pinto Beans Spanish Rice Gelatin/Apricots		<b>Baked Macaroni &amp; Cheese</b> Spinach Tomatoe Slices Whole Weah Roll/Margarine Chocolate Pudding	
22		23		24		25		26	
<b>Frito Pie</b> Capri Veggies Tossed Salad Pears		<b>2 Chicken Tacos</b> Calabacitas w/Green Chili Pinto Beans Bread Pudding		<b>Sloppy Joe</b> Green Beans Tossed Salad Ice Cream		<b>Chicken Tetrzzini</b> California Vegetables Crackers Apple Crisp		<b>Meatballs</b> Wild Rice Italian Vegetables Wheat Roll & Margarine Mixed Fruit	
29		30		31		<b>Deming Senior Center</b> 575-546-8823  1% MILK SERVED DAILY MENU SUBJECT TO CHANGE			
<b>Chicken Tenders</b> AuGrati Potatoes Baby Carrots Wehat Roll & Margarine Fruit Cocktail		<b>Meatloaf</b> AuGratin Potatoes California Mixec Vegetables Roll & Margarine Mandarin Oranges		<b>Beef Enchilada</b> Salad and Dressing Pinto Beans Spanish Rice Pineapple Chunks					

